

9 BONUS TEACHINGS

MARCH

1. Alchemizing our Energy & Embracing our Sovereignty
2. Remaining Spiritually Sovereign While Decolonizing & Learning Alchemy
3. Aligning with Mother Earth's Energy

APRIL

4. The Colonizer's Tools Won't Heal Us: Liberation Through Unlearning New Age Spirituality & Colonial Captivity

JUNE

5. You Are Worthy: Clearing Colonial Imprints That Keep us in Generational Cycles of Survival and Exploitation

AUGUST

6. Coming Back Into Balance Through Cyclical Living: Decolonizing Time
7. Embodying the Energy of Liberation

SEPTEMBER

8. Alchemizing Anger
9. Alchemizing Fear